



**SERIOUS EQUIPMENT FOR SERIOUS
GROUP STRENGTH TRAINING.**



From the most respected name in free weight equipment, comes group strength training equipment that's built to last. *Group Strength*[®] features facility-friendly urethane-encased plates that won't damage your studio floor, and a heavy-duty bar capable of handling up to 100 pounds. It's also the safest equipment option, with secure fitting commercial-grade collars, plates with patented handgrips, and a 12-sided anti-roll plate design. For more information, call 800-664-4766, or visit www.irongrip.com



IRON GRIP[®]
BARBELL COMPANY